

FOOD ALLERGIES

<<date>>

Dear Parents,

Welcome back to the 2010-2011 school year! The opening of any school year brings with it new opportunities for growth and learning. This school year is no exception.

This year, we have many students with food allergies and a few with a life-threatening peanut allergy. All of our students have been provided with a pamphlet entitled, "Be a PAL" that explains food allergies and ways students can help keep their friends safe at school. More information on food allergies can be found online at www.foodallergy.org.

Classroom teachers and staff have been provided with lists of foods to avoid. Our staff is working hard to control allergen exposure in the classroom as much as possible so please check with teachers prior to sending in snacks with your child. When sending snacks to school for your child, please include the nutritional and ingredient packaging information.

Our cafeteria will have a designated allergy-controlled zone. Any student may sit at this table provided they are not eating peanut butter or a nut product. We have many food items available in our cafeteria that are safe for students with peanut allergies. The a la carte food items that may contain allergens, such as egg, soy or peanuts, will have those ingredients posted in a very visible manner.

As has always been our District policy, food distributed to students must be commercially prepared. Please do not send homemade treats to school for the entire class. If your child has a specific nutritional need, you may send snacks that are safe for your child to eat. These snacks must be provided to the classroom teacher or his/her designated substitute for proper storage. Your child will then be able to access these snacks when treats are shared in class.

If your child has a special nutritional need and you have not already made the school aware of it, please call our school nurse <<insert name>> at XXX-XXXX.

Thank you for your cooperation as we work together to keep our school safe for all students.

Sincerely,

<<insert principal's name>>
Principal