

DIET PRESCRIPTION FOR MEALS AT SCHOOL

Student's Name: \_\_\_\_\_ School: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

Disability: \_\_\_\_\_ **OR** Non-Disabling Medical Condition: \_\_\_\_\_

Major Life Activity Affected: \_\_\_\_\_

***Diet Prescription (check all that apply):***

- |  |   |
|--|---|
| <input type="checkbox"/> Increased calories  | <input type="checkbox"/> Texture Modification |
| <input type="checkbox"/> Decreased calories  | <input type="checkbox"/> Chopped              |
| <input type="checkbox"/> Diabetic            | <input type="checkbox"/> Ground               |
| <input type="checkbox"/> Food Allergy: _____ | <input type="checkbox"/> Pureed               |
| <input type="checkbox"/> Other:              |   |

Foods to Omit:

Foods to Substitute:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

\_\_\_\_\_  
Physician/Recognized Medical Authority Signature

Office Phone Number: \_\_\_\_\_ Date: \_\_\_\_\_